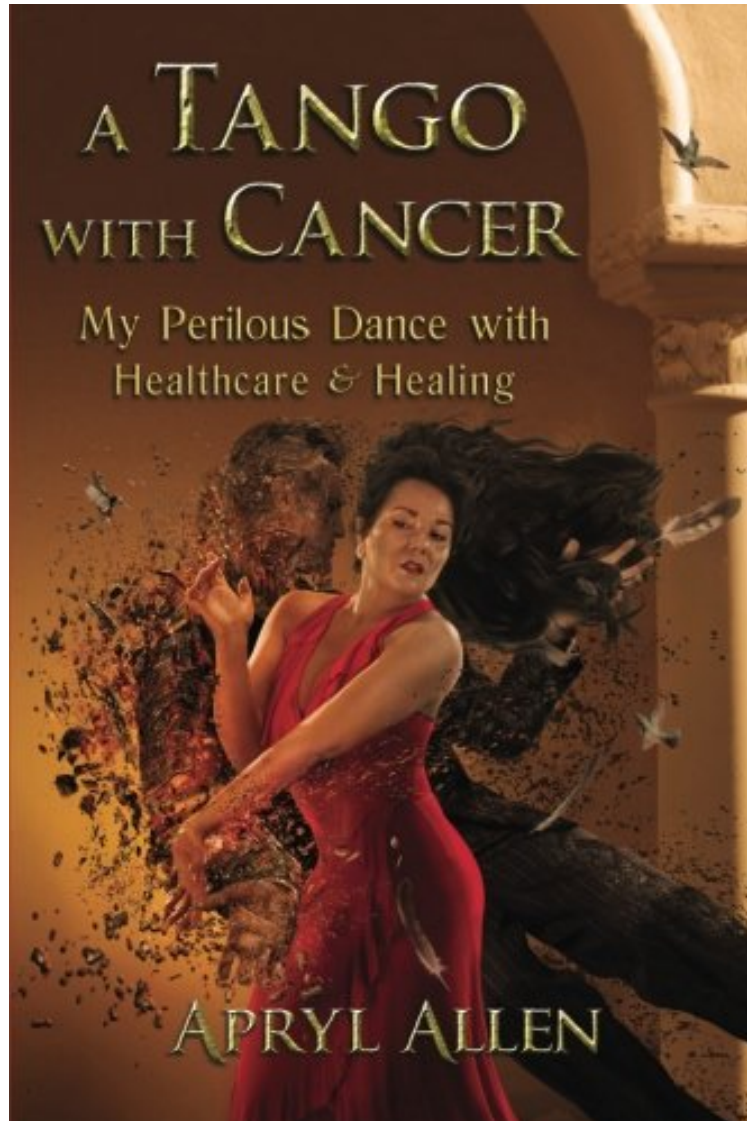


(Download ebook) A Tango with Cancer: My Perilous Dance with Healthcare Healing

A Tango with Cancer: My Perilous Dance with Healthcare Healing

Apryl Allen

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Apryl Allen : A Tango with Cancer: My Perilous Dance with Healthcare Healing before purchasing it in order to gauge whether or not it would be worth my time, and all praised A Tango with Cancer: My Perilous Dance with Healthcare Healing:

0 of 0 people found the following review helpful. Healthcare has lost compassion and empathy...By Alene Nitzky, Ph.D. RNI highly recommend this book to healthcare providers first and foremost, as a reminder that what we do on a daily basis and how we interact with patients can either enhance healing or create additional trauma. The healthcare

system has lost its way, it operates like a giant processing plant without a thought of the restoration that patients seek after finding out they have a potentially life-threatening illness. "Is nobody thoughtful?" she asks. The book was easy to read from the standpoint of page-turning, but it was heartbreaking to read the callousness she and her husband endured, and the caring that was omitted from their shared experience. Unfortunately their experience was not unusual and our industrial approach to healthcare continues to ensure that more patients will suffer. Patients come into the healthcare system unprepared for this, and we do not educate the public on how to navigate the healthcare system, not even a few helpful initial tips on self-advocacy. We need to change this, and Apryl Allen makes the case for many of these changes, which she suggests at the end of the book. The whole time I was reading it, I alternated emotions between anger and shock at how the system operates, and I kept asking how she could possibly stand to recount all of this, it must have been extraordinarily painful to relive these experiences. I'm glad she did, though. The voices in healthcare who are screaming for change and the patients who are screaming for change must join forces as allies to fix a system that is neither health nor care.

0 of 0 people found the following review helpful. Share the Journey You Will Be Glad You Did By Dr. Judith G. Wolf Beautifully written from the heart, this truthful journey through the diagnosis and treatment of breast cancer by sometimes callous healthcare professionals is a must read for patients, caregivers and friends. Brutally honest with humor thrown in for relief, the style fits the bill. Cancer is a serious matter. The attitude with which it is approached is critical. So forewarned is forearmed. Thank you Apryl.

0 of 0 people found the following review helpful. For anyone personally going through cancer or as the advocate for a loved one, this book is a must. By Catherine Lanigan Phenomenal writing and a true story. For anyone personally going through cancer or as the advocate for a loved one, this book is a must. Even if you don't need this book, chances are you will. If you know of anyone going through the torture of cancer, don't hesitate to recommend Apryl Allen's absorbing and informative book

The fight against cancer isn't necessarily limited to eradicating it from your body; too often it continues with the very system that's supposed to heal us. Apryl Allen was desperate to learn what her future would hold after a diagnosis of breast cancer. What she didn't anticipate was an underlying factor no one talked about . . . healthcare. Depicting the poignant complexities patients encounter, Apryl takes us deep into the realities of the human side of the disease: the nerve-wracking undertakings of her quest to find multiple health specialists through the aftermath of medical bills. *A Tango with Cancer* reminds us compassion is a vital element to the healing process. It also reveals how, in today's medical world, many health professionals have abandoned the practice of altruism.

"Prepare to fall in love with the heroine of this gripping tale. If you like Jodi Picoult, you'll love Apryl Allen. Brave and vulnerable, funny and sad, heart-achingly honest - this illuminating story is an astonishing debut for a major new writing talent. But this is not fiction. Apryl Allen is telling her own heart-rending tale of a battle against cancer and the inhumanity of a medical system that so often doesn't see the person in the patient. This book should be a compulsory text for every health professional and is a riveting read for everyone else." -Dr Robin Youngson (New Zealand)

Founder of Hearts in Healthcare Author of: 'Time to Care' "This is one of those stories none of us envision ourselves being the heroine (or the hero), but the sad reality of our times is that we most likely we will be. Apryl Allen's well-written and riveting memoir of her battle, not just with a dreaded and frightening disease, but with our insensitive, uncaring, and inhumane healthcare system, is compelling, engrossing and alarmingly accurate. *A Tango with Cancer* is one of those vital books that should sit on every American's nightstand, because even if you escape cancer yourself, it's a good bet one of your family members or a close friend won't. As a cancer survivor myself and, as of six months ago, having endured sarcasm, duplicity and disdain during the care of my husband who died of leukemia, I know of wherefore I speak. The torture of this painful disease was ungodly, but because he was an "un-healthy" patient, translate that to "terminal," he was only valuable to the hospital as long as his insurance held out. Shockingly, we have devolved in our efforts to help our fellow human beings. This spot light that Apryl Allen illuminates, is not centered on herself. This selfless, passionate and courageous woman has spent two years of her life bringing this book to the public domain-her only wish is to help others through this maze of insanity." - Catherine Lanigan Cancer Survivor Spouse of Cancer Victim Bestselling Author of 'Romancing the Stone' "A Tango should be required reading for all those who deliver care to patients with cancer or any life threatening health concern. Compelling and provocative. A triumphant assertion of personal courage and individual rights within an increasingly impersonal health care system." -William B Miller, Jr, MD Author of *The Microcosm Within* "Apryl Allen takes us through her healing journey with breast cancer using candor, humor and grace. Navigating the medical industry after a diagnosis can be daunting, but as Apryl shows us, there are always those individuals and new genomic tests which make the process easier." -Cari Grundman, Patient Advocate Agendia, Inc. (a Molecular Diagnostics Company) Breast Cancer Survivor "Cancer is a team event you have many Doctors and professionals on the medical side of things as you can imagine. But you also better prepare and set up your own team for support and help as you fight your battle. Cancer is all consuming to the one inflicted and it also creates collateral damage to those around you. Your caregivers and family need to know what is ahead of them and be prepared. Cancer can be defeated with all the new treatments available but

if you as a patient or caregiver are not leading that charge and have the mind set to do that it will be a long battle. I unfortunately had to learn that from 22 years watching the strongest woman I have ever known deal with cancer head on and with Grace. This book is a great look into just what to expect when confronting Cancer. I wish a book like this was available to me 22 years ago, we might have prepared differently for my families battle with the disease. Thank you Apryl for sharing your experience." - Scott McPherson Husband Caregiver to Spouse with Cancer

About the Author APRYL ALLEN has written and recorded two award-winning albums, 'Morningstar' and 'Shape Shifter'. As a member of the Comanche Nation she is actively involved to preserve her tribes dying language and stories handed down. Her current project, 'Shape Shifter', takes these narratives and weaves them into a fictional Native American trilogy based on historical fantasy. The Comanche Nation has acknowledged her efforts by proclamation on November 7, 2008 naming it Apryl Allen Day. As a survivor of breast cancer and child abuse, Apryl views life as sacred a gift we should all cherish. Her dream, as a survivor and member of a dying culture, is to be a voice that echoes throughout time. She lives in Phoenix, Arizona.