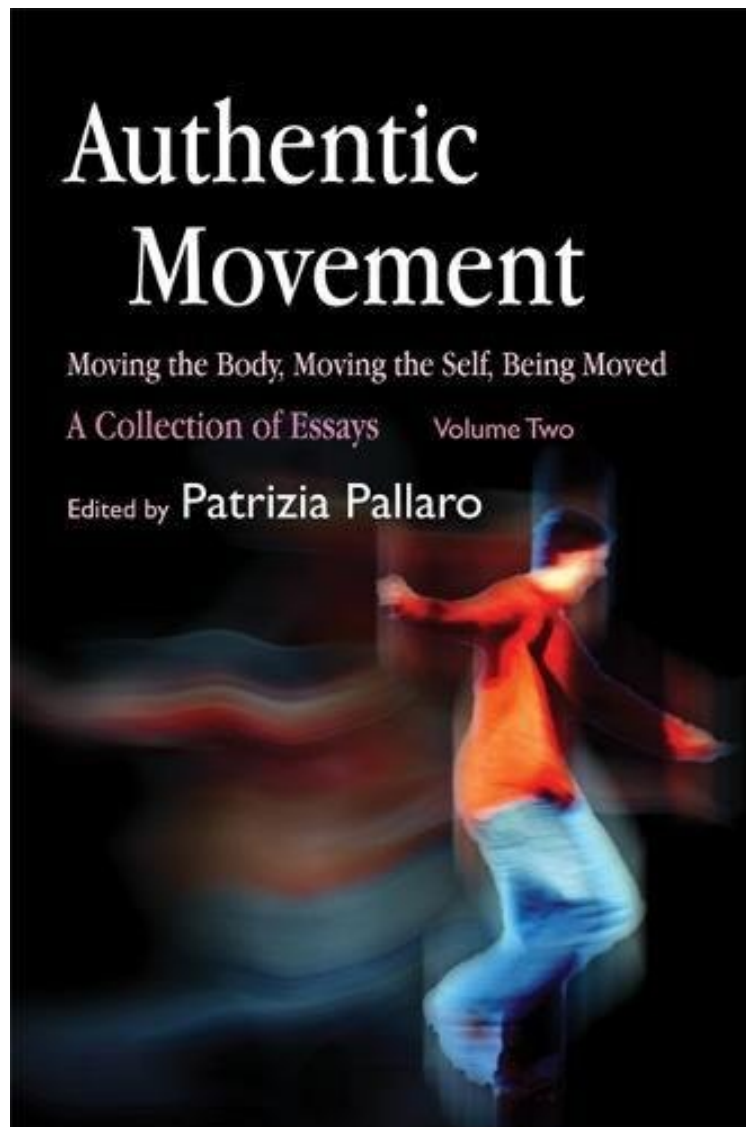


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## Authentic Movement: Moving the Body, Moving the Self, Being Moved: A Collection of Essays - Volume Two

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Praise for the first volume: 'It is very valuable to have [this collection of articles] all together in one place a rich repository of insights and experiences for all the somatic disciplines. It is a wonderful collection of articles.' - Somatics This second volume on Authentic Movement - a new discipline aiding the creative process in choreography, writing, theatre performance, dance, graphic and expressive arts, as well as spirituality - is an engaging and dynamic collection of scholarly essays, personal stories, practical suggestions and resources. It reflects cutting edge work on creative expression, meditative discipline and psychotherapeutic endeavour. Part I comprises five chapters written by the most prominent Authentic Movement practitioners and teachers and introducing the foundations and principles of Authentic Movement. In Part II, the contributors return to the source of Authentic Movement - the psychotherapeutic setting - and provide an in-depth examination of the personal processes in the therapeutic relationship and the potential of Authentic Movement to facilitate personal growth and change. Part III traces the development of Authentic Movement as a spiritual path and as interface with other spiritual practices. Part IV provides an overview of new developments in Authentic Movement, Part V offers inspiring personal accounts and Part VI provides guidelines drawn from practice as well as tools and resources. These latter chapters sow the seeds for a new understanding and directions for the developments of Authentic Movement. This authoritative text is indispensable for practitioners of Authentic Movement, students and teachers working in the field of dance therapy, art therapists, all creative arts therapists and body psychoanalysts.

An Exquisite offering to Therapists, Artists and anybody with a desire to look deeply into the relationship with the self, with other, the earth and the devine. Satisfied intellectually, creatively, emotionally and spiritually I can happily recommend this book as a long term investment for Creative Art Therapists. -- JIDCAT An impressive array of historical, clinical, theoretical and educational papers by the two living pioneers... And over three dozen practitioners who have developed this form in various settings and communities throughout the world. -- Body, Movement and Dance in Psychotherapy My experience of this collection of essays is that many of the chapters stand on their own as entirely fascinating, expanding and enriching of insights,perspectives and accounts of highly creative work being done by skilled and adaptable practitioners. -- British Psychodrama and Sociodrama Journal Patrizia Pallaro has compiled a collection of must-read works from contemporary authors and practitioners experienced in the discipline of Authentic Movement...Pallaro's book will kindle a passion for the process of Authentic Movement in all who read these excellent articles, novice and expert alike. It is particularly recommended for those advanced in the fields of psychology, dance/movement therapy, and body-based psychotherapies. -- American Journal of Dance Therapy This book, like Authentic Movement, opens doors to the outside world as well as the inside one. -- Dance and Body Psychotherapy Journal An Exquisite offering to Therapists, Artists and anybody with a desire to look deeply into the relationship with the self, with other, the earth and the devine. Satisfied intellectually, creatively, emotionally and spiritually I can happily recommend this book as a long term investment for Creative Art Therapists. (JIDCAT)An impressive array of historical, clinical, theoretical and educational papers by the two living pioneers... And over three dozen practitioners who have developed this form in various settings and communities throughout the world. (Body, Movement and Dance in Psychotherapy)My experience of this collection of essays is that many of the chapters stand on their own as entirely fascinating, expanding and enriching of insights,perspectives and accounts of highly creative work being done by skilled and adaptable practitioners. (British Psychodrama and Sociodrama Journal)Patrizia Pallaro has compiled a collection of must-read works from contemporary authors and practitioners experienced in the discipline of Authentic Movement...Pallaro's book will kindle a passion for the process of Authentic Movement in all who read these excellent articles, novice and expert alike. It is particularly recommended for those advanced in the fields of psychology, dance/movement therapy, and body-based psychotherapies. (American Journal of Dance Therapy)This book, like Authentic Movement, opens doors to the outside world as well as the inside one. (Dance and Body Psychotherapy Journal)About the AuthorPatrizia Pallaro holds a doctorate in Clinical Psychology from the University of Padua in Italy and an MA in Dance/Movement Therapy from the University of California, Los Angeles. She was formerly director of a residential and day treatment program in San Francisco and faculty member at John F. Kennedy University's Transpersonal and Holistic Counseling Center in Oakland. She has published widely in the USA and Italy on Dance/Movement applications and has compiled and edited two volumes on Authentic Movement, the first of which, Authentic Movement: Essays by Mary Starks Whitehouse, Janet Adler and Joan Chodorow, was published by Jessica Kingsley Publishers. A licensed psychotherapist and registered dance therapist, she is a member of the California Association of Marriage and Family Therapists, the American Dance Therapy Association, the United States Association of Body Psychotherapy, APA Division of Psychoanalysis (Div. 39) and the Association of Women in Psychology. She is on the faculty of Art Therapy Italiana, Bologna, Italy and a Fellow of the International

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