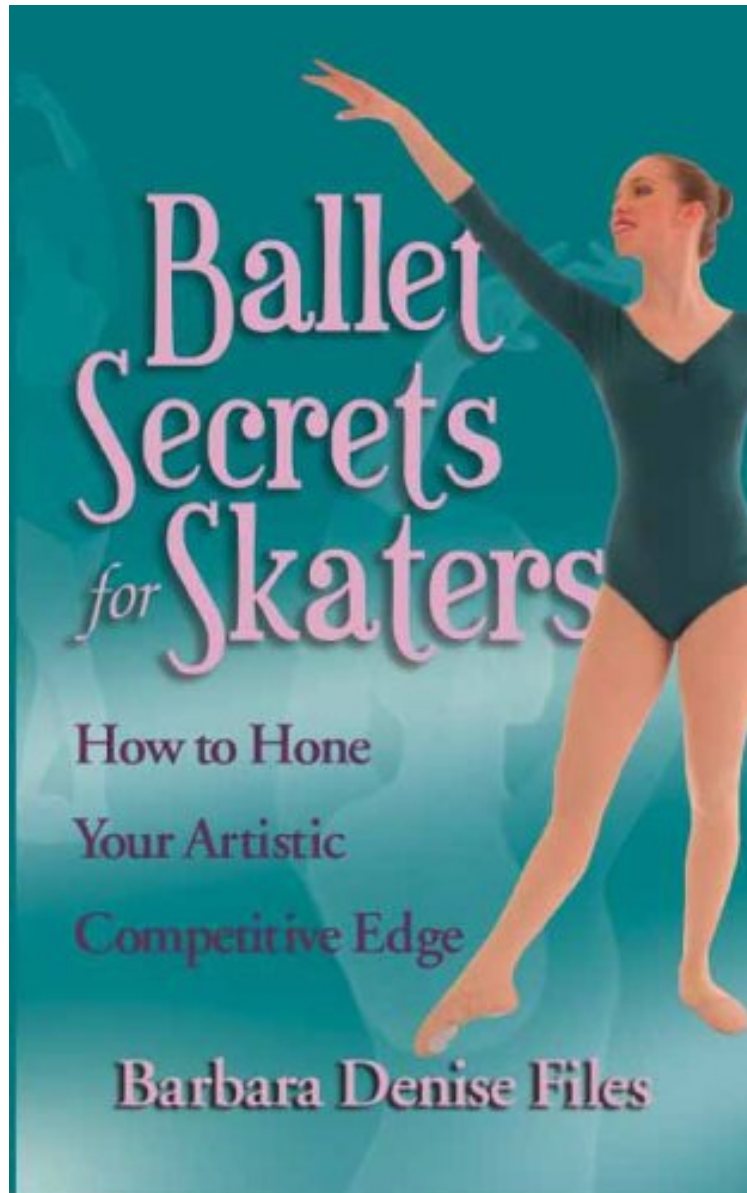


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## Ballet Secrets for Skaters: How to Hone Your Artistic Competitive Edge

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4 of 4 people found the following review helpful. Easy to follow  
By Jessica S. Nice clear pictures, written in an easy to understand way, "quick checks" given as an easy review of positions/ tips  
0 of 0 people found the following review helpful. Good tips  
By That1Girlie Anything that refrains from signing up for another class is helpful. My daughter got good tips from this book  
1 of 1 people found the following review helpful. Secrets revealed  
By Joanne S. Ingerman Such a helpful, well-written book! Each ballet "secret" is clearly explained includes helpful photographs of an actual skater. I learned how small changes in position of your fingers, arms, shoulders, etc can make a huge difference in how your program looks to the judges. So much helpful information is packed into this small book. Highly recommended.

Do you command an audience's attention using graceful arm and head positions? Learn how...in the first ballet book designed for skaters! Ballet Secrets for Skaters unlocks the secrets of ballet technique in a fun and friendly style. Discover many tools and tips for proper placement of the upper body--the first place an audience looks. . Photos of real figure skaters show common pitfalls and how to avoid them. . Ballet Secrets and Quick Checks help you remember these points on the ice. . Emphasis on making a winning impression--even when you stand still. Bonus! Olympic Gold Medalist Viktor Petrenko and Ladies World Champion Yuka Sato--famous for their artistic expression--offer advice and inspiration for today's competitive skaters.

A valuable guide for figure skaters, coaches, dance teachers and skating enthusiasts of all ages...Highly recommended... -- Midwest Book , February 2006