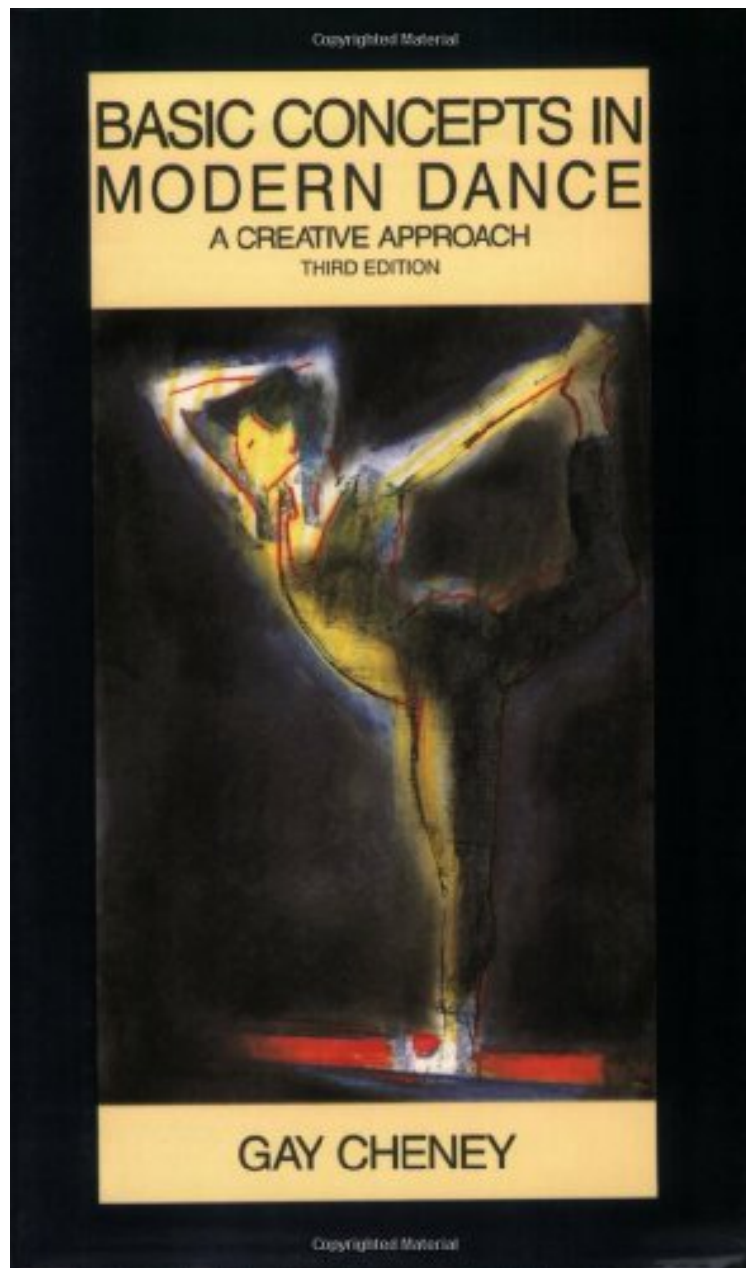


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## Basic Concepts in Modern Dance: A Creative Approach (Dance Horizons Book)

Gay Cheney

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Gay Cheney : Basic Concepts in Modern Dance: A Creative Approach (Dance Horizons Book) before purchasing it in order to gage whether or not it would be worth my time, and all praised Basic Concepts in Modern

Dance: A Creative Approach (Dance Horizons Book):

0 of 0 people found the following review helpful. I'm well aware that ballet is treated like the glamorous 'supermodel' of the western dance world. While modern is treated as the rebellious, freedom-loving 'poor relation'. Translation: 'couldn't cut it in ballet so...'. Like so many books on modern dance both of fiction and non-fiction this one had an opportunity to demonstrate modern's differences (besides the usual lack of foot ware) how it has already earned the right to sparkle and shine without ever having to apologize for it, again. Since the title begins as "Basic Concepts" I'd anticipated a book that'd include photos of a class showing 'modern' warm ups, barre(whatever center) ... Demonstrations of how modern dancers are made and prevent injuries. This did not happen. However for readers with dance or dance history foundations and open this book's okay.

An introduction to modern dance and body movement techniques, this guide begins with an overview of the history of modern dance and proceeds to a discussion of basic body movement, improvisation, and choreography. A series of clearly photographed exercises enables the dancer to execute each movement properly and to learn to use the body more effectively and expressively.