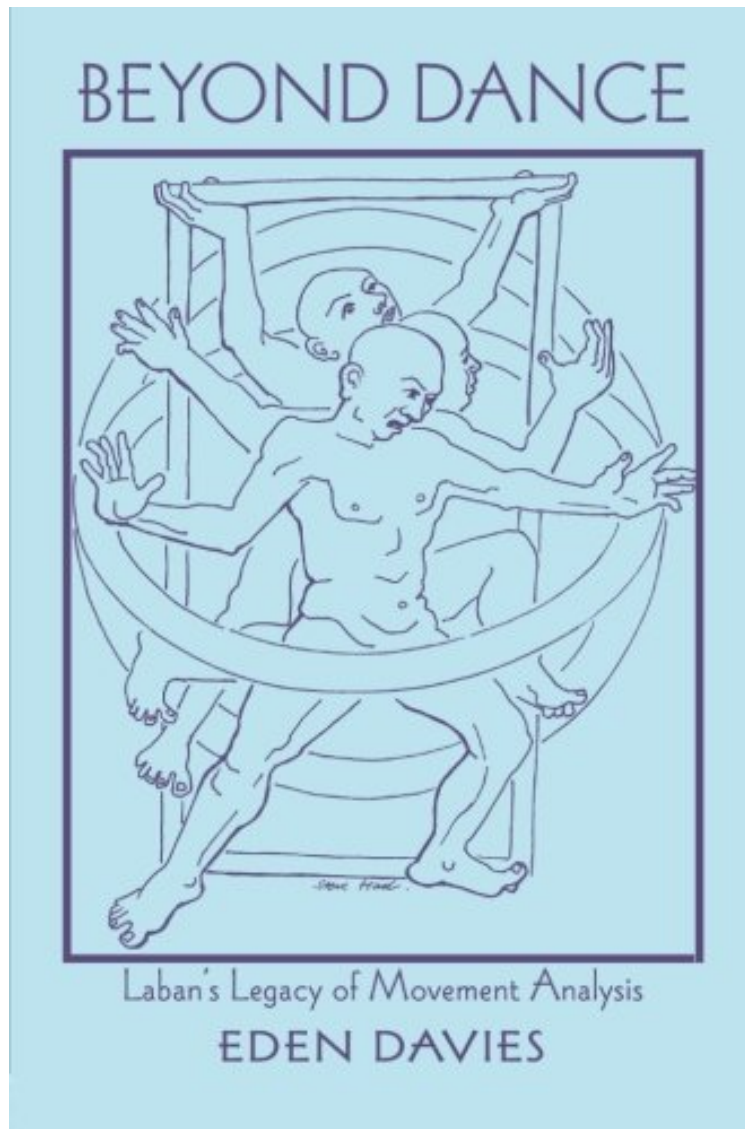


[Free] Beyond Dance: Laban's Legacy of Movement Analysis

## Beyond Dance: Laban's Legacy of Movement Analysis

*Eden Davies*

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**Eden Davies : Beyond Dance: Laban's Legacy of Movement Analysis** before purchasing it in order to gage whether or not it would be worth my time, and all praised Beyond Dance: Laban's Legacy of Movement Analysis:

Beyond Dance: Laban's Legacy of Movement Analysis offers students of dance and movement a brief introduction to the life and work of Rudolf Laban, and how this work has been extended into the fields of movement therapy,

communications, early childhood development, and other fields. While many dance students know of Laban and his work as it applies to their field, few know the full story of how this technique has developed and grown. For many who enter into the fields of dance movement therapy, performance, and communications, there are valuable lessons to be learned from Laban and his follower's works. *Beyond Dance* offers a concise introduction to this world. Refreshingly free of jargon and easy to understand, the work offers dance students and others interested in human movement a full picture of the many possibilities inherent in Laban's theories. For many who will pursue careers 'beyond dance', this work will be a useful guidebook into related areas. This will be ideally suited to students of Laban movement theory in dance and movement therapy, and will be used in advanced courses in these areas as useful, brief introduction to the field.

Lamb's irrepressible enthusiasm, creativity, and genuine interest in movement are ever present throughout the book. -- *Movement News*, Fall 2002, Nancy Allison, CMA  
The book offers wonderful historical information about the roots of that charismatic figure, Rudolph Laban. -- *American Journal of Dance Therapy*, Susan Loman  
About the Author  
Eden Davies is a student of Warren Lamb who has worked for a number of years as a consultant to industries using effort-shape analysis to improve worker efficiency.