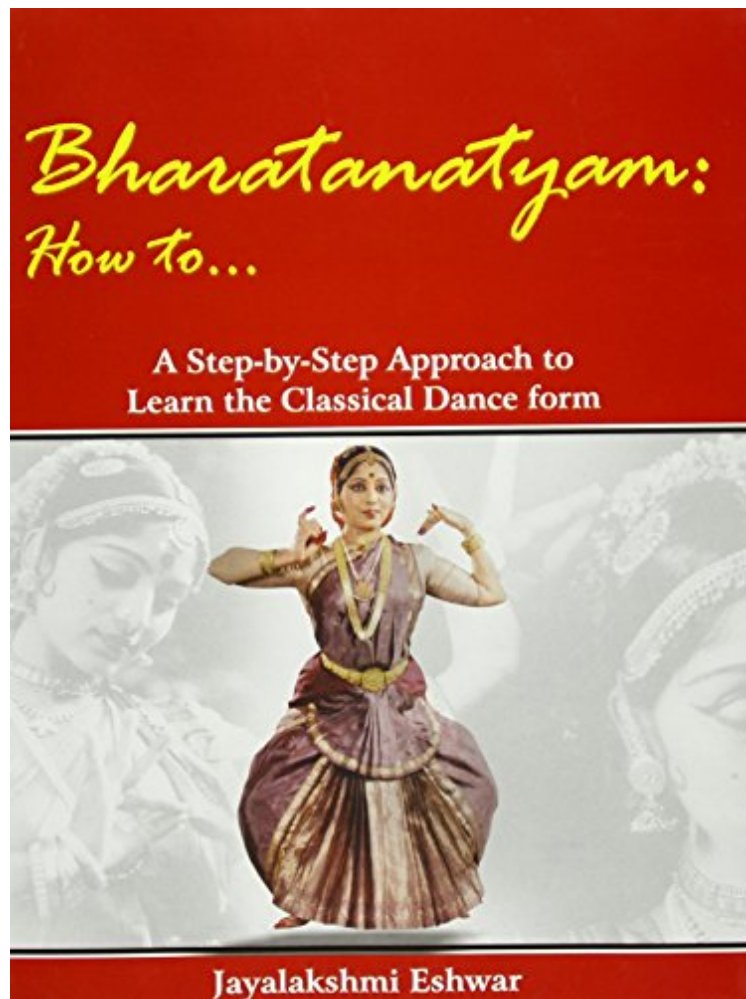


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Bharatanatyam: How To: A Step-by Step Approach To Learn The Classical Dance Form

Jayalakshmi Eshwar

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Jayalakshmi Eshwar : Bharatanatyam: How To: A Step-by Step Approach To Learn The Classical Dance Form before purchasing it in order to gage whether or not it would be worth my time, and all praised Bharatanatyam: How To: A Step-by Step Approach To Learn The Classical Dance Form:

0 of 0 people found the following review helpful. A little dated, but still a good book to haveBy EmilyI really like the amount of information they were able to pack into this book. It's a clear instruction manual, and it also goes into some good background knowledge on history and technique, but everything only goes so far as to what a beginner and even up to maybe a intermediate dancer should know as far as techniques and basics. It's obviously a foundation book, and a

good one at that. I wish a newer edition could be made with some more clear, color photos as the black and white ones are only okay at their size. Also, I find having both the left and right sides of each step demonstrated a little redundant, and I think more could have been packed into a book this size if they simplified the repeated move on the opposite side. I can see why maybe it was helpful to show both sides in their completed form, but I just feel like a lot of space was taken up in the way it was formatted. Otherwise, very very helpful and I'm glad I have it in my collection now!
0 of 0 people found the following review helpful. Five Stars
By Customer
very nice

Among the many styles of dance that we have on the subcontinent. It is perhaps Bharatanatyam which represents the dancer as Goddess; her costumes, her jewellery, her stance, the clear and precise geometries of the dance, its meaning, its techniques that reveal the visionary four dimensional geometries of Inner space in three dimensional sections. While the dance is seen on stage in front of an audience, yet it takes form in an invisible, mystical world from which the dance itself is believed to have emerged. Jayalakshmi Eshwar's book - "Bharatanatyam : How to..." states in simple terms all the first steps that are necessary to enter this world of dance. It would be an invaluable reference for students and teachers alike. - The book leads the student from the general ideas of the principles, methods and techniques of Bharatanatyam, to the main topic of the Dance units 'Adavus'. - The book is self-explanatory with detailed pictorial and written instructions of the Adavus in a simple and systematic manner. - Over 1400 illustrations integrate to form a comprehensive reference. - A descriptive historical background to the dance form and it's evolution introduces the content. - In addition Separate Audio CD DVD are also available as support material.