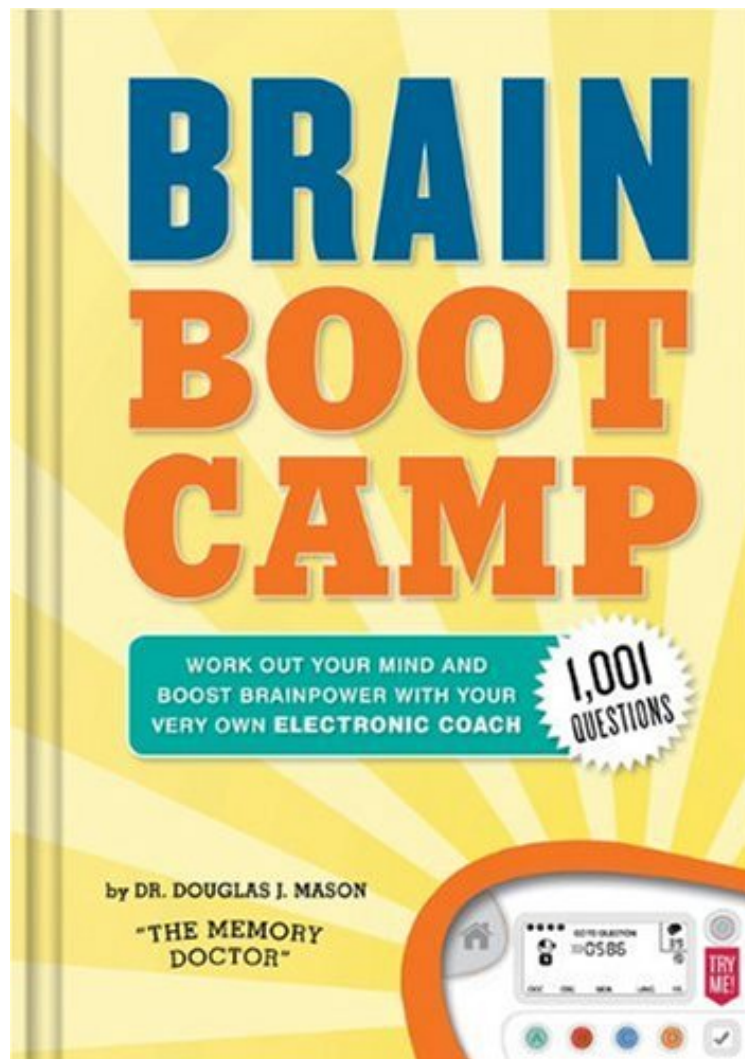


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Brain Boot Camp: Work Out Your Mind and Boost Brainpower with Your Very Own Electronic Coach - 1001+ Questions

Douglas Mason

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The latest neurological research proves that the brain has the ability to repair itselfbut not without the proper training! Brain Boot Camp is just what the doctor ordered for boosting memory and mental agility. A complete workout for the mindwith 1,001 questions that test and tone attention, cognitive speed, logic, memory, language skills, and visual processingthe unique electronic module customizes each reader's experienceby varying the difficulty of questions while also serving as an answer pad, scorekeeper, and personal trainer. Part game, part coach, and a whole lot of fun, this book is an essential tool for any lasting mental fitness program.

About the AuthorDouglas J. Mason is a neuropsychologist in private practice, currently working in the evaluation and treatment of patients with cognitive disorders. He completed his post-doctoral training in neuropsychology at Duke University and his internship at the Memphis VA and the University of Tennessee. Dr. Mason has spoken widely about his award-winning research on ABC World News Now, NPR, and other radio and television programs. He lives in Florida.