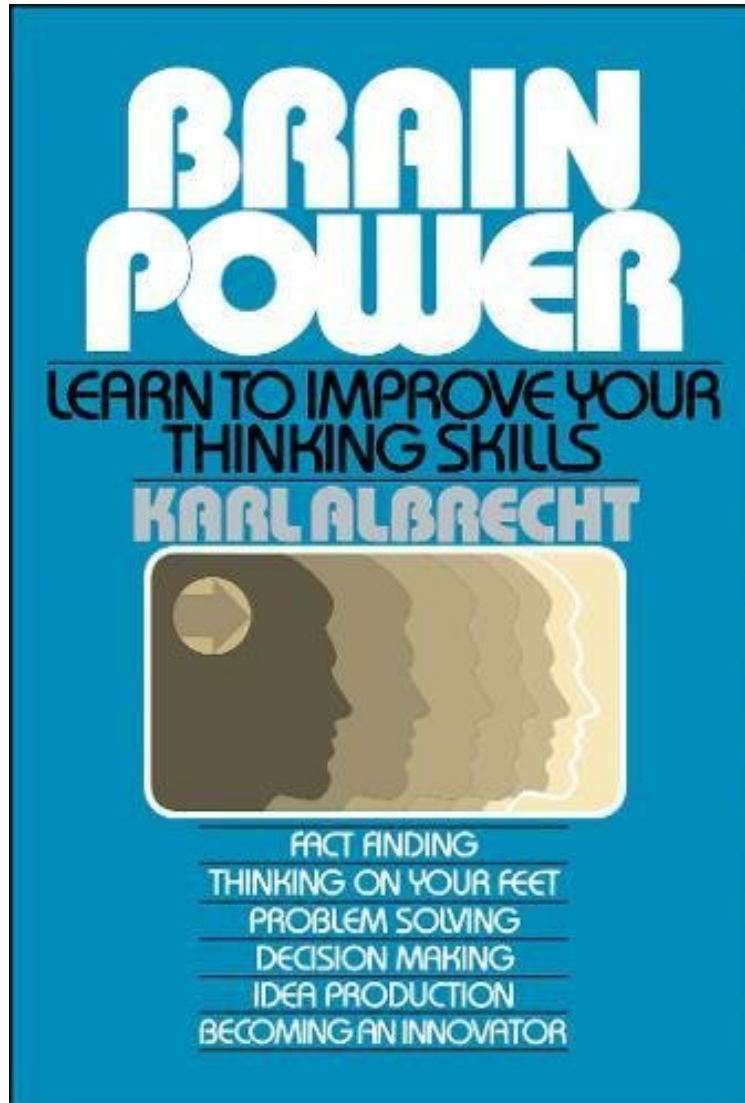


(Download) Brain Power: Learn to Improve Your Thinking Skills

## Brain Power: Learn to Improve Your Thinking Skills

*Karl Albrecht*

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**Karl Albrecht : Brain Power: Learn to Improve Your Thinking Skills** before purchasing it in order to gage whether or not it would be worth my time, and all praised Brain Power: Learn to Improve Your Thinking Skills:

36 of 37 people found the following review helpful. Gives you meat. Enjoy the feast !By Muthukumar UReviewing this masterpiece is a challenge. The breadth of coverage, the depth of content and the time-tested durability of the ideas never cease to amaze me (I am still not able to find fault with or criticize any of the ideas presented in the book).One reason why this book has not got the popularity it deserves might be the rather mudane and unimaginative title "Brain Power". When I first saw the unattractive cover and commomplace title, I almost ignored this as another

pot-boiler promising impossible feats with the mind. It is my good fortune I bought it (and read it!). Quoting from page 14, the six functional thinking skill categories covered by Albrecht are: 1. Fact finding 2. Crap detecting 3. Thinking on your feet 4. Idea production 5. Problem solving and decision making 6. Happying. This list encompasses almost everything you would wish to do well in the mental plane (at least in the everyday life of a well informed person, let us exclude scientists etc.). Facts form your knowledge, crap detecting helps you filter out the pseudo-facts, thinking on your feet helps you use your knowledge in day to day living, idea production equals creativity, problem solving and decision making is the utility that works on your knowledge in the most efficient manner to make choices with respect to objectives and finally happying spans the cerebral with the emotional. For a few dollars, that is quite a lot! Other books cover similar ground (But I don't think they cover ALL of this). Albrecht's achievement is to bring together in one place the results of research and strong common sense thinking on each topic. Although the ideas may not be entirely original (thinking skills is an area where everyone might have said something correct), I found many of them for the first time here and didn't find them in so many other similar books I have read. Instead of just being a collector of ideas, Albrecht polishes the ideas and adds fertiliser with quotations, anecdotes, cross-references, puzzles and exercises, that eventually the dry core of the result of an academic study or a familiar common-sense approach becomes a powerful, high-horsepower thought vehicle which you can marshal the next time you have a problem. Also, you learn to recognise situations in terms of the categories discussed. This is invaluable in helping you apply the ideas on a regular basis. Albrecht also takes the distinguishing approach that intelligence and emotions are NOT meant to be two water-tight compartments. All along he emphasises how good thinking skills can lead to a better quality life, better relationships with others, higher self-esteem and more happiness. In fact, he only discusses ideas that will be of use in the real world of a common man. The book has a brief but very relevant bibliography and Recommended Reading List. I love the quotations before the start of each sub-topic (for example, "Wisdom is knowing what to do next", "Get your facts first, and then you can distort them as you please"). You will want to read many of the recommended books. So, if you want to get a grip on this thing called thinking, if you want to figure out what your mind is doing most of the time, and then do those things better, then this book is a great starting point.

5 Golden Shining Stars ! - Muthukumar 0 of 0 people found the following review helpful. GoodBy Ashley Neal Good read. Book is in good shape at a good price. Quick shipping. 0 of 0 people found the following review helpful. Brain Power By Ray Cemic An excellent book on this subject!

Do you want to expand your mental power? Think more clearly, logically, and creatively? Improve your memory? Solve problems and make decisions more effectively? Brain Power introduces the six functional thinking abilities you need to become an adaptive, innovative thinker. As you develop your ability to think on your feet, to isolate and arrange facts, and to avoid logical pitfalls you will see how to use creative problem solving strategies, both in business and in private life. With practical exercises to improve your full range of mental capabilities from concentration to intuition, management consultant Karl Albrecht answers all your questions on becoming a more efficient and effective thinker. Offering a gold mine of ideas and techniques to use in most any situation, Brain Power provides fascinating illustrations, games, and puzzles that will stimulate and expand your brain power.

From the Back Cover Brain Power introduces the six functional thinking abilities you need to become an adaptive, innovative, thinker. As you develop your ability to think on your feet, to isolate and arrange facts, and to avoid logic pitfalls you will see how to use creative problem solving strategies, both in business and private life. About the Author Karl Albrecht is a respected management consultant and executive adviser, strategic thinker, futurist, author, dynamic speaker, and an innovator whose contributions seem to defy labels, categories, and pigeonholes. He is the author of more than twenty books and many articles on professional achievement, organizational performance, and business strategy. His writings include Social Intelligence: the New Science of Success; Practical Intelligence: the Art and Science of Common Sense; the Mindex Thinking Style Profile; and The Social Intelligence Profile.