

Pocket Posh Creative Thinking: 50 Brain-Training Puzzles

The Puzzle Society

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#1646455 in Books The Puzzle Society 2014-09-23 2014-09-23 Original language: English PDF # 1 6.00 x .50 x 4.00l, .31 #File Name: 1449451004144 pages Pocket Posh Creative Thinking 50 Brain Training Puzzles | File size: 48.Mb

The Puzzle Society : Pocket Posh Creative Thinking: 50 Brain-Training Puzzles before purchasing it in order to gauge whether or not it would be worth my time, and all praised Pocket Posh Creative Thinking: 50 Brain-Training Puzzles:

For the first time in the Pocket Posh series we offer brain-training puzzles to change the way you think! If you think creatively, you will encourage yourself to think freely, discover how to brainstorm, and develop strategies with others. Don't get stuck in a rut--free up your creativity. This guide will teach you how to think creatively by calming the critical voice in your head that can sometimes paralyze fresh thought. Scientists tell us that our brains are often more active when we are working with others. Creative thinking will help you develop strategies for thinking cooperatively--not only when you're in a team, bouncing ideas around, but also when you're alone, by seeking inspiration and a fresh outlook from the world around as well as from personal mentors and even written sources. A key part of the book provides essential guidance on lifestyle and fostering a positive outlook to complement exercises that help you get those creative juices flowing.

About the Author The Puzzle Society is the Web's premier source for challenging, professionally constructed puzzles and games. Updated daily and boasting a gaming archive of more than 8,000 puzzles, The Puzzle Society offers more than 70 nationally syndicated puzzles, including the Washington Post Crossword, Los Angeles Times Crossword, Universal Crossword, Universal Jigsaw, and Daily Jumble.