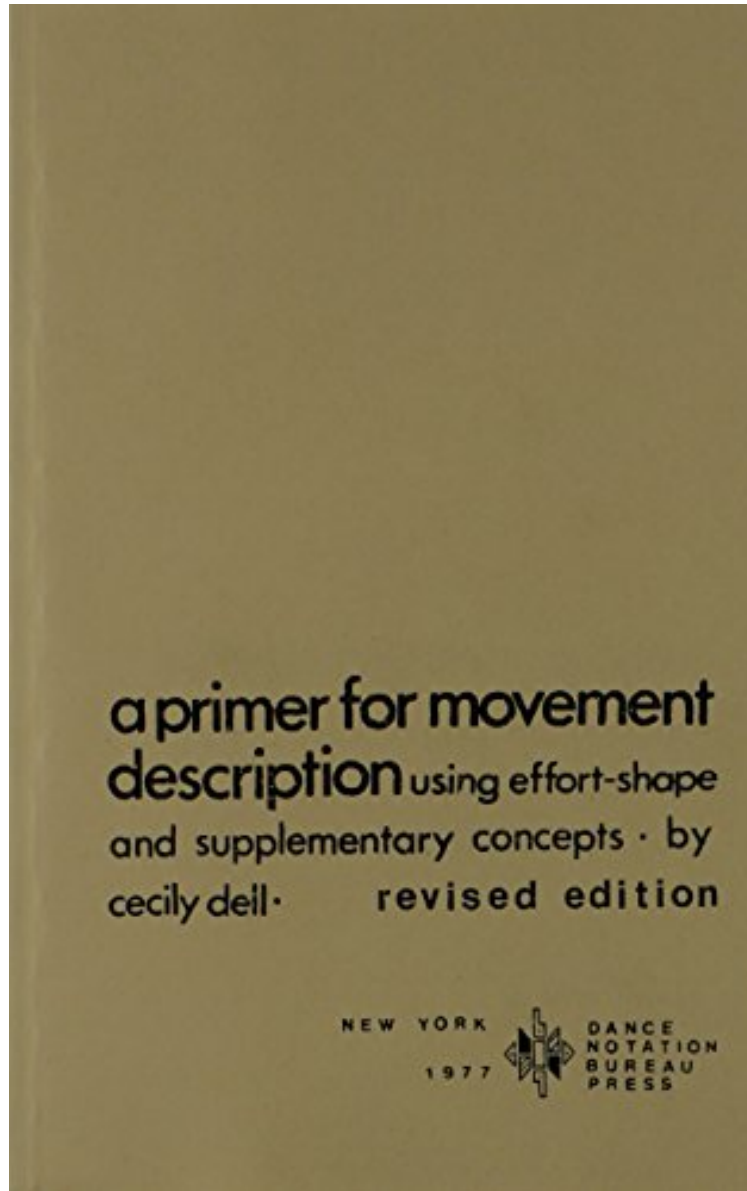


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Preface: This text is intended as a general guideline for movement description, according to the principles of Effort/Shape, along with some related concepts which are used by various observers to supplement Effort/Shape.